



*The Temptation Itch*

MAY BIBLE STUDY SERIES



***How to Overcome  
Temptation***

**(The Temptations of Jesus)**

**Lesson Seven**

**“In all temptations let us  
consider not what he  
offers, but what we shall  
lose.”**

**Jesus' victory over Satan shows  
Him to be the righteous Son of  
God and shows us how to  
overcome temptation.**



# **Luke 4:1-13**

## **Scripture Lesson**

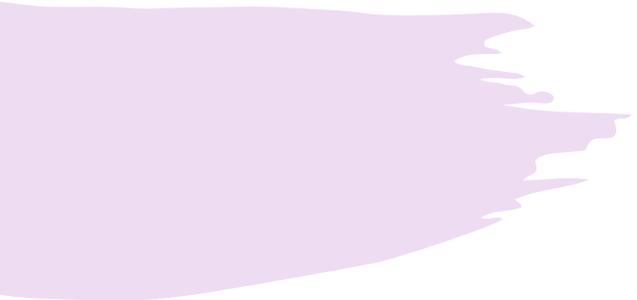
**Then Jesus, being filled with the Holy Spirit, returned from the Jordan, and was led by the Spirit into the wilderness, being tempted for forty days by the devil. And in those days, He ate nothing, and afterward, when they had ended, He was hungry. And the devil said to Him, “If You are the Son of God, command this stone to become bread.” But Jesus answered him, saying, “It is written, ‘Man shall not live by bread alone, but by every word of God.’”**

**Then the devil, taking Him up on a high mountain, showed Him all the kingdoms of the world in a moment of time. And the devil said to Him, “All this authority I will give You, and their glory; for *this* has been delivered to me, and I give it to whomever I wish. Therefore, if You will worship before me, all will be Yours.” And Jesus answered and said to him, “Get behind Me, Satan! For it is written, ‘You shall worship the LORD your God, and Him only you shall serve.’”**

**Then he brought Him to Jerusalem, set Him on the pinnacle of the temple, and said to Him, “If You are the Son of God, throw Yourself down from here. For it is written: ‘He shall give His angels charge over you, to keep you,’ and, ‘In *their* hands they shall bear you up, Lest you dash your foot against a stone.’ ” And Jesus answered and said to him, “It has been said, ‘You shall not tempt the LORD your God.’ ” Now when the devil had ended every temptation, he departed from Him until an opportune time.**

**We Must be Wise to the  
Schemes of Satan.**

**II Corinthians 2:11**



# **The Big Three Schemes of Satan:**

**Lies**

**Temptation**

**Manipulation**

**Satan Hits at the  
Opportune Moment.**



**The First Temptation was for  
Jesus to TURN A STONE  
INTO A PIECE OF BREAD.**

**Luke 4:3**

**The SECOND TEMPTATION Satan  
offers Jesus THE KINGDOMS OF  
THE WORLD AND ALL ITS  
SPLENDOR Without Showing Its  
Sin.**

**Luke 4:5-7**

**THE THIRD TEMPTATION: If you are  
the Son of God, THROW YOURSELF  
DOWN FROM HERE.**

**Luke 4:9**

**Satan tries to get us to meet  
legitimate needs or goals in  
illegitimate ways.**

**Satan's goal in all three temptations was to get Jesus to act independently of the Father rather than to submit to the will of God, which included the cross.**



# **Jesus Shows Us Five Strategies For Overcoming Temptation:**

# **1. Spending Time Alone with God.**



**Time alone with God does not prevent temptation, but it will strengthen us to overcome it.**

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**2. Be Prepared to Be Tempted,  
Especially After A Victory.**



**“Baptism does not  
drown the devil.”**

**3. Be Filled with The Holy Spirit.**

## **4. Be Armed with Scripture.**

# **5. Be Ready for Further Attacks.**



**You can win a victory today, but the enemy will bide his time and return another day, especially when you are most vulnerable.**

**“Temptations, unlike opportunities, will always give you many second chances.”**

## **Bible Study Follow Up Chat Questions:**

- 1. Should Christians fear the devil? If so, in what sense? If not, why not?**
- 2. Why must Christians use biblical means as well as biblical ends?**
- 3. If something “works” spiritually, is it necessarily, right?**
- 4. How can you help a person who claims he/she cannot memorize Scripture?**
- 5. What are the areas of temptation with which you most often struggle? In the past, what has been your strategy for dealing with these enticements?**



**6. Do you have any specific Scripture passages that you can use to defend yourself against these temptations? If so, what are they? If not, what can you do to find some?**

**7. What is the source of your life? What is the place of God's Word in your life? Is it just one of the things that you do or read or is it the source of your life?**